

# **KNOX COUNTY YMCA**

## **SUMMER DAY CAMP 2010**

**June 7, 2010 through  
August 13, 2010**

**"LEADERS AREN'T BORN, THEY'RE  
MADE. WELCOME TO THE  
ASSEMBLY LINE"**

**YDAY CAMP™**

We build strong kids, strong families, strong communities.



## 101 WAYS TO PRAISE A CHILD

WOW \* WAY TO GO \* SUPER \* OUTSTANDING \* EXCELLENT \* GREAT \* GOOD \* NEAT \* WELL DONE \* REMARKABLE \* I KNEW YOU COULD DO IT \* I'M PROUD OF YOU \* FANTASTIC \* SUPER STAR \* NICE WORK \* LOOKING GOOD \* YOU'RE ON TOP OF IT \* BEAUTIFUL \* NOW YOU'RE FLYING \* YOU'RE CATCHING ON \* NOW YOU'VE GOT IT \* YOU'RE INCREDIBLE \* BRAVO \* YOU'RE FANTASTIC \* HURRAY FOR YOU \* YOU'RE ON TARGET \* YOU'RE ON YOUR WAY \* HOW NICE \* HOW SMART \* GOOD JOB \* THAT'S INCREDIBLE \* HOT DOG \* DYNAMITE \* YOU'RE BEAUTIFUL \* YOU'RE UNIQUE \* NOTHING CAN STOP YOU NOW \* GOOD FOR YOU \* I LIKE YOU \* YOU'RE A WINNER \* REMARKABLE JOB \* BEAUTIFUL WORK \* SPECTACULAR \* YOU'RE SPECTACULAR \* YOU'RE DARLING \* YOU'RE PRECIOUS \* GREAT DISCOVERY \* YOU'VE DISCOVERED THE SECRET \* YOU FIGURED IT OUT \* FANTASTIC JOB \* HIP, HIP, HURRAY \* BINGO \* MAGNIFICENT \* MARVELOUS \* TERRIFIC \* YOU'RE IMPORTANT \* PHENOMENAL \* YOU'RE SENSATIONAL \* SUPER WORK \* CREATIVE JOB \* SUPER JOB \* FANTASTIC JOB \* EXCEPTIONAL PERFORMANCE \* YOU'RE A REAL TROOPER \* YOU ARE RESPONSIBLE \* YOU ARE EXCITING \* YOU LEARNED IT RIGHT \* WHAT AN IMAGINATION \* WHAT A GOOD LISTENER \* BEAUTIFUL SHARING \* OUTSTANDING PERFORMANCE \* YOU'RE A GOOD FRIEND \* I TRUST YOU \* YOU'RE IMPORTANT \* YOU MEAN A LOT TO ME \* YOU MAKE ME HAPPY \* YOU BELONG \* YOU'VE GOT A FRIEND \* YOU MAKE ME LAUGH \* YOU BRIGHTEN MY DAY \* I RESPECT YOU \* YOU MEAN THE WORLD TO ME \* THAT'S CORRECT \* YOU'RE A JOY \* YOU'RE A TREASURE \* YOU'RE WONDERFUL \* YOU'RE PERFECT \* AWESOME \* A+ JOB \* YOU'RE A-OK MY BUDDY \* YOU MADE MY DAY \* THAT'S THE BEST \* A BIG KISS \* SAY I LOVE YOU! \*

**P.S. REMEMBER A SMILE IS WORTH 1,000 WORDS!**

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## Welcome to Camp 2010!

Summer is a wonderful time for your child to grow, learn, play & imagine! We would like to extend a warm thank you for sharing your child with us this summer, and for giving us the opportunity to meet your child.

We understand the concerns parents have for their children, and we are more than happy to address any concerns you may have. We hope you find our Day Camp is a safe, yet fun place for your child to spend his or her time.

Please read through this packet. It will help familiarize you with some of our activities, as well as some of the things we need you as parents to do.

Your child's week at camp will include such activities such as arts & crafts, swimming, devotions, games, movies, reading time, as well as some free time to relax and enjoy their summer.

Each member of the Summer Camp Staff Team has been chosen for their maturity, enjoyment of fun & games, and for outstanding character traits that make them a positive role model for youth. We strive for all our Day Camp staff to be "Professional Role Models".

Thank you once again for giving us this opportunity to make your child's summer he or she will remember.

We look forward to meeting you and your child!

YMCA Day Camp Staff

# 4 Core Values of Character Development

**Building Character in young people to help them form positive values has always been the focus of the YMCA Mission. Through YMCA programs, we strive to develop the following character traits in our campers.**



**CARING: the importance of putting others before yourself; of building more responsive communities.**



**HONESTY: the importance of integrity; of telling the truth and keeping promises to yourself and others.**



**RESPECT: the importance of treating others as you would want them to treat you; of acknowledging and accepting others regardless of differences.**



**RESPONSIBILITY: the importance of doing what you should; of accepting accountability, pursuing excellence and following through on personal commitments.**

**The YMCA believes the development of these character traits is more important than ever. It is no secret that it is tough growing up today. Children are faced with many negative forces and must make difficult decisions every day.**

**As the familiar African proverb states, “It takes a whole village to raise a child.” We at the YMCA work hand in hand with families, churches, schools, and other organizations to help young people acquire the kind of values they need to make positive choices as they face the difficult.**

**It is our hope that, through camping, children can develop self-confidence, self-respect, and an appreciation of their own worth as individuals so that they can grow to recognize the worth of all people.**

## Session Dates & Themes:

1. June 7 – 11<sup>th</sup>: All About Me
2. June 14 – 18<sup>th</sup>: Be a Tourist in your own backyard\*
3. June 21-25<sup>th</sup>: Survivor Week
4. June 28– July 2<sup>nd</sup>: Animal Fun\*
5. July 5 – 9<sup>th</sup>: Pen Pal Week
6. July 12 – 16<sup>th</sup>: Wet & Wild\*
7. July 19 – 23<sup>rd</sup>: YMCA Character Week
8. July 26 – 30<sup>th</sup>: Olympics\*
9. August 2 – 6<sup>th</sup>: Wacky Week
10. August 9 – 13<sup>th</sup>: Fun Inventions\*

\*Sessions marked with an asterisk are fieldtrip weeks!\*

## -IMPORTANT! PLEASE READ!-

All Parents Who Register Their Child for Day Camp...

WHAT TO DO IF YOU WOULD LIKE TO RESERVE A SESSION OF CAMP...

- 1) First you must pay for the first week your child is attending week, in FULL (\$90 for Members/ \$105 for Non Members). After your first camp session is paid in full, you may then reserve other weeks by either:
  - a) Paying in full for the following weeks
  - b) Placing a deposit of \$15 on each week of camp that you are registering
  - c) Paying your co-pay for the month (for Child Care Resource and Referral Clients)
  - d) Paying your weekly co-pay (for Child Care Resource and Referral Clients).

**All Deposits are Non Refundable!!!**

**If you have made a deposit on a camp session...**

Your camp session must be paid in full for your child to attend his/her week of camp. Your payments may be made at any time during YMCA business hours, but must be made the Friday prior to your camper's week of attendance. If you have not made your payment in full by Monday at 8:30 AM your spot is forfeited and will be given to a child on a waiting list.

**Remember, Camp is limited ...so reserve your spot today!**

**In order to qualify for YMCA financial assistance for Day Camp, you must follow the procedures below.**

1. First you must apply for assistance through Child Care Resource and Referral. You may call **1-800-923-7844** and ask to have the form mailed to you. (Please do this, no more than, 30 days BEFORE you want to attend camp. You will be responsible for fees until approval letter is received.)
2. If Child Care Resource & Referral denies you, you would then need to bring the denial letter to the YMCA, and receive a Financial Assistance form.

## WHAT TO BRING TO CAMP!

Please remember to pack the following thing for Day Camp each and every day!

- Sunscreen
- Bug Repellant
- Sunglasses
- Hat
- Swim Suit
- Towel
- Lunch (except on Friday for cookouts)
- Drink
- Water bottle
- A book for bus rides
- Sweatshirts or jacket depending on weather
- Raingear if weather calls for it
- Great attitude😊!

Please remember to mark all belongings with a first and last name. Also please refrain from bringing electronic games, walkmans, MP3 players, cell phones or anything of value that may be broken or stolen. Thanks!

# **-Basics of Day Camp-**

## **Drop – off & Pick –up Procedures ~**

All children must be signed in and signed out of the program by an adult who is authorized on the child's enrollment form. We will only release children to those individuals listed in the enrollment form. I.D. will be required for pick up. Please drop your child off at the YMCA. There will be a chart at the bottom of the stairs up to the multi-purpose room, letting you know where the campers are at.

Pick Up: All youth must be picked up and signed out from the camp by 6:00 PM. Every additional 15 minutes will be an extra \$5.00 per child. Parents must enter and exit the YMCA with their youth.

## **Dress Code ~**

Please dress for mess! Make sure your children are dressed in loose comfortable clothes that allows them to move freely. We discourage wearing sandals, we play a lot of games that require running (plus we don't want any stubbed toes!). Please remember to put sunscreen on your child in the morning. We ask your child to wear his or her camp shirt on Field Trip Days.

## **T-Shirts ~**

Every camper will receive ***ONE*** YMCA Day Camp Shirt. We ask your child to wear his or her camp shirt on Field Trip Days.

## **Illness & Attendance ~**

If your child is not feeling well in the morning, has a temperature or is in the contagious stage of any illness, please DO NOT bring him/her to camp. If your child becomes ill throughout the day you will be called immediately and asked to come and get your child. We would appreciate a phone call if your child is not going to be in attendance.

## **Injury ~**

If your child is injured during camp hours, we will handle all minor scrapes, scratches and bruises, but will call you if there is any questionable or serious injuries. The YMCA does not provide insurance.

## **Miscellaneous ~**

Please have your child's name on everything they bring! Items that need to stay at home include (but are not limited to) toys, radios, video games, cell phones are not permitted at camp or anything of value. PLEASE PACK A WATERBOTTLE FOR YOUR CHILD!

# **-Participant Conduct-**

It is very important that both you and your child are aware of the rules and the consequences set forth by the day camp staff. We ask that you read and discuss this page together. Campers must obey the rules for the safety of themselves as well as their fellow campers.

## **SUMMER CAMP RULES:**

1. Follow all directions of ALL camp staff & volunteers.
2. Be caring and respectful to everyone. Fighting, using profanity, or name calling **WILL NOT** be tolerated and could result in immediate suspension.
3. Keep hands & feet to self, RESPECT others personal space.
4. Be honest when asked a question.
5. Be responsible for one's self.

**DISCIPLINE POLICY:** The YMCA Day Camp program has been developed to provide activities that are safe, creative, and fun for the campers. No child's behavior will be allowed to interfere with our right to enjoy being at camp. Praise and recognition of good behavior is built into our program. We believe that a camper who is kept busy focusing on positive behavior is much less likely to stumble "off the trail" into negative behavior. Consequences have been developed in order to help each child choose to behave appropriately. In order to guarantee all children in the program a safe, positive, and enjoyable climate, we utilize the following Discipline Policy.

## **SUMMER CAMP CONSEQUENCES:**

- Warning
- 1& 2 Check Marks – Number of minutes to equal child's age
- 3 Check Marks – 15 minutes out from swimming
- Removal from Field Trip opportunity for that week by not coming that day.
- Parent called and child removed from camp for the day.
- Child suspended from camp for 3 days
- Child suspended for up to the remainder of the summer

Camp Staff will record incidents of behavior that warrant 15 minutes out of swimming. The Camp Staff reserves the right to skip over early consequences if behavior is severe enough to pose a risk to either the misbehaving camper or others in the group. Our goal at camp is to give the child every opportunity to correct his or her own behavior, without involving the parent.

**Refunds and credits are not given for days suspended.**

# A TYPICAL DAY AT CAMP

Below is a *general* schedule of activities that your child will participate in while at Day Camp. Please look over the schedule.

- 6:30 – 8:45 AM: Extended Care drop off for all parents needing care during this time.
- 8:45 - 9:15 AM: Kids gather in the Gym or Multi-Purpose Room for Morning Devotion/Reflection
- 9:15 – 9:30 AM: Kids separate into their appropriate camp group
- 9:30 - 11:45 AM: Camp Groups are then sent to their scheduled activities at the YMCA, in the gym, Multi - Purpose Room, Inbinder Park, across the street from YMCA or bussed to Lake Storey/Lincoln Park
- 11:45 AM - Noon: Getting ready for lunch, using restrooms/washing hands!
- Noon - 1:00 PM: Lunch & then Free Time
- 1:00 - 2:45 PM: Camp Groups Craft or Activity
- 2:45 - 3:00 PM: Get ready for Swimming
- 3:00 - 3:45 PM: Swimming
- 3:45 - 4:00 PM: Change & Head Up Stairs to Multi - Purpose Room
- 4:00 - 4:30 PM: Snack & Game Outside, behind the YMCA.
- 4:30 - 6:00 PM: Extended Care for parents needing care at this time.
- 6:00 PM: All children should now be picked up.

**Every 15 minutes after 6:00 PM there will be a \$5.00 late fee paid, per child.**

## **-Fieldtrip Information-**

Fieldtrips are not offered every week. Please refer to the session schedule for fieldtrips. Please note fieldtrips are tentative and may change. Notice will be given the week your child is in camp. Please make sure your child arrives at the YMCA no later than 8:30 am on Fieldtrip Days. We will be departing the YMCA at 9:00 am. We will be back to the YMCA by 5:00 pm each fieldtrip day. We ask you pack a SACK Lunch for your child in a plastic bag. Please have your child wear their Camp T-Shirt and bring one drink for lunch and a disposable water bottle to carry with them. Sunscreen should be applied before they arrive to the YMCA, and PLEASE...NO MONEY, or anything of value on fieldtrips! THANK YOU!

The following destinations are tentatively planned for camp:

- Galesburg Visitor Center/ Discovery Depot/ Sandburg Birth Place
- Niabi Zoo
- Splashdown Waterpark in East Peoria
- Skating or bowling
- Spirit of Peoria

Each week the camp will spend time at Lake Storey or Lincoln Park, weather permitting.

All the forms following this page, must be filled out and returned by the time your child registers for his/her camp session.

Thank you!

YMCA Day Camp Staff

# Knox County YMCA 2010 Day Camp Registration Form

PLEASE PRINT & USE INK!!!

Today's Date: \_\_\_\_\_

CHILD'S NAME \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

MOTHER'S NAME: \_\_\_\_\_

FATHER'S NAME: \_\_\_\_\_

MOTHER'S EMPLOYER & WORK/CELL NUMBER:

\_\_\_\_\_  
FATHER'S EMPLOYER & WORK/CELL NUMBR:

\_\_\_\_\_  
EMRGENCY CONTACT & PHONE NUMBER (OTHER THAN PARENT):

\_\_\_\_\_  
PHYSICIAN'S NAME: \_\_\_\_\_

NUMBER: \_\_\_\_\_ HOSPITAL: \_\_\_\_\_

INSURANCE CARRIER: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_

PLEASE LIST THOSE WHO ARE ALLOWED TO PICK YOUR CHILD UP:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ANY MEDICATIONS WE WILL NEED TO GIVE YOUR CHILD?      YES      NO

If "YES" , please ask for medical release.

PLEASE LIST ANY ALLERGIES YOUR CHILD MIGHT HAVE:

\_\_\_\_\_  
\_\_\_\_\_

Is your child asthmatic?      Y      N

SWIMMING ABILITY:      NON-SWIMMER    BEGINNER      INTERMEDIATE      ADVANCED

WE WILL BE OCCASSIONALLY BE WATCHING MOVIES. SOME DISNEY MOVIES & OTHER KIDS FRIENDLY MOVIES ARE RATED PG. IS YOUR CHILD ALLOWED TO WATCH PG MOVIES?  
YES                      NO

SHIRT SIZE (We order shirts ahead of time, the shirt size may differ from what is marked)  
Small    Med    Lg    XL    Adult Small    Adult Med

**Field Trip Permission:**

I \_\_\_\_\_ do hereby grant permission to the staff of the KNOX COUNTY YMCA to take my child , \_\_\_\_\_, on scheduled field trips (Times & Dates are listed in this packet), not all sessions will be taking field trips. By signing below, I acknowledge that I have read the above statements and enclosed literature regarding camp times and transportation policy. I also herby give my permission to allow the YMCA staff to lead my child on guided walks to various locations for other daily field trips.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Day Camp Liability Waiver & Consent to Participate:**

I, the undersigned, hereby acknowledge my child’s participation in the YMCA Day Camp Program, and agree to release and discharge the YMCA, its staff, volunteers or their heirs from any liability, and covenant not to sue for any and/or all loss, damage, personal injury, property damage, or wrongful death whether caused by negligence, either active or passive of the YMCA, or otherwise. Furthermore, I agree to assume all risk involved with YMCA Programs, realizing that all learning experiences involve risk.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Emergency authorization:** I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests and treatment for my child, and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and order injection and/or anesthesia and/or surgery for my child as named above.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Is there any concern that would limit your child’s level of activity while at camp?  
\_\_\_\_\_

**Photographs:** I give my permission to be involved in any publicity or press releases for the Knox County YMCA. This includes photographs.

Signature of parent/guardian \_\_\_\_\_ Date: \_\_\_\_\_

Camp Sessions Signing up For (Please Circle):      1    2    3    4    5    6    7    8    9    10

